

# PANCREATIC CANCER AND THE BLACK COMMUNITY

PANCREATIC  
CANCER  
ACTION  
NETWORK

## Black Americans are more likely to be diagnosed with pancreatic cancer than any other racial or ethnic group.<sup>1</sup>

There are many factors that contribute to a higher incidence rate of pancreatic cancer in the Black community, including systemic racism, barriers in access to health insurance and important services like primary care and genetic testing, later-stage diagnosis and lower rates of surgery.

PanCAN is aware of the current and historic systemic conditions that have led to health disparities. To address these challenges, we continue to build our nationwide grassroots army to advocate, educate and raise awareness. Together, we are a catalyst for change.

## PanCAN is your partner in advocacy. Here are four steps you can take to make a difference.

### 1. Understand your risk.

PanCAN Patient Services can help you learn more about modifiable and familial factors that might put you at higher risk, including:



Information about conditions that may lead to a higher risk of developing pancreatic cancer, like diabetes.



Information on how to address modifiable risk factors, like smoking, diet and excessive alcohol consumption.



Help locating genetic counselors and navigating genetic testing options to assess personal and familial risk.

### 2. Get to know the signs and symptoms.

Case managers can share educational resources about clues that might indicate changes in your health. These include:



Information on the signs and symptoms of pancreatic cancer.



Learn how to talk to your doctor about changes in your health with suggestions for how to start a conversation with your primary care provider and other specialists.

### 3. Connect with resources.

Get comprehensive education about pancreatic cancer, treatment, and resources to help navigate the road ahead. Contact Patient Services for personalized resources, including:



Personalized case management and education throughout the entire journey.



Information about how clinical trials can provide better outcomes, and the safeguards in place to protect your rights.

### 4. Take action and advocate.

PanCAN Patient Services Case Managers can help you feel empowered to advocate for yourself, your care and your community by sharing helpful educational materials.



Get help finding pancreatic cancer specialists near you, and learn how to advocate for your care.



Learn how to advocate for your community and reduce hesitation and mistrust around seeking help.



Join a passionate community of PanCAN survivors, advocates and volunteers who can help spread the word.

For more information, visit [pancan.org/blackcommunity](https://pancan.org/blackcommunity)

For questions, contact us at 877-2-PANCAN

Contact PanCAN Patient Services M – F, 7 a.m. – 5 p.m. PT, at **877-2-PANCAN**  
or [patientservices@pancan.org](mailto:patientservices@pancan.org). Hablamos español.

[pancan.org](https://pancan.org)